



All About Women divides over 60,000 square feet into four sections full of free services.

Section 1. All About Health: Health is the foundation of All About Women and encompasses the body, mind and spirit. The highlight of this section is the Major Hospital Partner's screenings, which are at the entrance. Women also participate in activities addressing breast health, pain management, and skin health. The goal is to maintain and improve health and feel better every day.

Section 2. All About Home: Women are natural caretakers and make over 85% of the major home and health decisions for their families. Anchoring this section is the Home Depot house where women get hands on experience improving and maintaining their homes. More doing equals more saving! Safety, community enhancement, and parenting, are also addressed.

Section 3. All About Life: In this section women promise to "know and manage their

resources". Experiences range from a greater knowledge of community resources benefiting women and their families, green initiatives, political participation, finances, hobbies & leisure activities.

Section 4. All About Me: This section focuses on each woman's personal best. It gets personal and targets how a woman looks and feels about herself. This section allows women to get assistance in areas such as career, stress, and legal issues.

Sponsors host the larger areas of services in each section. Theme areas allow service providers requiring smaller space to participate under a common theme.

Theme Areas are as follows:

The Girls (breast health)

Oh! My Aching... (pain management)

Skin Is In

Mama's World (healthy pregnancy, parenting)

Food for Life: Nutrition Circuit

Body Heat: The Art of Relationships
(intimacy, sexuality)

Law: Affairs In Order? (legal)

Financial Fitness

Play It Safe (good choices, personal safety)

Try It (hobbies)

Make a Difference (voting, green initiatives)

Work It (career)

Spirit Seekers (spirituality)
Stressed Out? (mental health)